

Gallup Student Poll Items: Spring 2010

Gallup Student Poll Core 20 Items (All students answer these items.)

- Please imagine a ladder with steps numbered from zero at the bottom to ten at the top. The top of the ladder represents the best possible life for you and the bottom of the ladder represents the worst possible life for you. On which step of the ladder would you say you personally feel you stand at this time?

On which step do you think you will stand about five years from now?

On a five-point scale, where 5 means strongly agree and 1 means strongly disagree, please indicate your level of agreement with each of the following items.

- I know I will graduate from high school.
- There is an adult in my life who cares about my future.
- I can think of many ways to get good grades.
- I energetically pursue my goals.
- I can find lots of ways around any problem.
- I know I will find a good job after I graduate.
- I have a best friend at school.
- I feel safe in this school.
- My teachers make me feel my schoolwork is important.
- At this school, I have the opportunity to do what I do best every day.
- In the last seven days, I have received recognition or praise for doing good schoolwork.
- My school is committed to building the strengths of each student.
- In the last month, I volunteered my time to help others.

Please think about yesterday, from the morning until the end of the day. Think about where you were, what you were doing, who you were with, and how you felt as you respond to the next six items.

- Were you treated with respect all day yesterday?
- Did you smile or laugh a lot yesterday?
- Did you learn or do something interesting yesterday?
- Did you have enough energy to get things done yesterday?
- Do you have health problems that keep you from doing any of the things other people your age normally can do?
- If you are in trouble, do you have family or friends you can count on to help whenever you need them?

Note: Ladder scale based on the Cantril Self-Anchoring Striving Scale.

Demographic Items (All students answer these items.)

- What is your age?
- What is your gender?
- Do you consider yourself to be: (student chooses racial/ethnic origin)
- What is the grade you are in at school?
- What best describes your living arrangement? Do you: (student chooses living arrangement)
- Do you have a parent(s) now serving in the military?
- Do you have a parent(s) who has been deployed to Iraq or Afghanistan in the last eight years?
- Do you have a brother or sister who has been deployed to Iraq or Afghanistan in the last eight years?
- Have you worried about the health or wellbeing of a parent in the last 24 hours?